

NATURAL HANDS & FEET TREATMENTS

~ Manicure ~

Express \$15

Shaped and painted, the application of cuticle oil will give even healthier looking hands; don't have time to have a full manicure done? Then don't miss this little treat that brings the smile. Hands are like your 2nd face.

Standard \$30

A meticulous nail and cuticle care treatment specific for maintaining the health of the natural nail. Includes soak, nail shaping, cuticle work, hand and arm massage and polish.

Deluxe \$40

Add the hands and nails exfoliation and mask therapy to the standard Manicure, a facial quality serviced for the hands and nails.

~ Pedicure ~

Express \$20

Why keep forgetting those poor hard working feet? We shaped them, and painted them for you!

Standard \$35

Feet are soaked and polished by organic exfoliant, the toe nails are shaped, cuticles are pushed back, the hard skin are removed and foot and leg massage will bring you to deep relaxation. Nails are painted.

Deluxe \$45

Give your summer feet a treat! In addition to relaxing standard pedicure, organic mask will hydrates and re-mineralise to promote beautiful, healthy looking feet.

~ Add to any treatment ~

Paraffin Treatment \$10

Great for dry and dehydrated skin and nails. Can be added to any Manicure and Pedicure, or even facial and body treatments. Relax the joints and improve blood circulation by adding this luxurious paraffin treatment, excellent for release joint pain from Arthritis.

French paint \$15

EYELASH/BROW TINTING

Eyelash tint	\$18
Eyebrow tint	\$10
Eyelash Perming	\$40
Eyelash Extension	\$90 (1hr)
Eyelash Extension refills	\$40

WAXING

Brow shaping	\$15
Lip	\$10
Chin or Neck	\$12
Lip & Chin	\$20
Eyebrow, Lip & Chin	\$35
Face sides	\$10
Underarm	\$18
Bikini	\$18
G-string	\$25
Brazilian	\$50
½ arm	\$20
Full arm	\$30
Full leg & Bikini	\$55
Full leg	\$40
¾ leg	\$35
½ leg	\$28
Chest or Back	\$35

Cancellations

Spa appointments are reserved especially for you. We understand that plans change, so we kindly ask that you give us 3 hours advance notice should you need to change or cancel your appointment. Spa packages require 24 hours notice. Non-arrivals will incur 50% of the treatment rate.

Gift Certificates

Gift certificates are a unique way to celebrate any occasion. Please contact our reception so that we can assist you in your selection. Gift certificates are valid for 6 months from date of purchase. Gift certificates are non-refundable and if lost will not be replaced. Expired gift certificates will not be honored.

Prices are subject to change without advanced notice.



AUSTRALASIAN
BEAUTY THERAPY
ACADEMY

ABTA

Beauty & Spa Clinic

Treatment Menu

(Performed by Qualified Therapists)

Ph: 02 – 6285 4255

3/53 Dundas Court, Phillip, Canberra

Trading hours

Thursday 6pm – 8:30pm

Friday 9:30am – 8pm

Saturday 9:30am – 4:30pm

Ph: 02 – 6285 4255

www.abtaedu.com

info@abtaedu.com

3/53 Dundas Court, Phillip, ACT. 2606

FACIAL TREATMENTS

ABTA Classic Facial 1hr \$60
ABTA Classic Facial restores the natural balance of your skin, includes cleansing, skin analysis, exfoliation. Relax and enjoy a facial, neck and shoulder massage followed by a mask and treatment creams.

Mini Facial ½ hr \$35
Perfect for busy people who value their time and skin. Includes cleanse, exfoliation, botanical mask therapy and followed by hydrating toner and moisturiser. A real boost to your skin.

Advanced Facial 1.5hrs \$75
A facial is designed just for you! European classic facial combined with using of facial electrotherapy, variety of advanced techniques and products will be employed to achieve the maximum results for the purpose of: Deep cleanse; anti-aging; rehydration; whitening; de-stress; reduce fluid retention or rejuvenation. Skin will be left fresh and glowing!

Non-surgical Face Lift Facial 1.5hrs \$75
(a course of 6 treatments \$420)
Non-surgical facial lift – serious results that really work! Excite and energise your skin and kiss your wrinkles goodbye, with the added bonus of firmer skin. Treatment includes cleanse, exfoliation with vapour, Micro-current firming treatment and toning massage for your face and neck, followed by firming organic mask therapy and firming skin care products.

Replenish Eye Therapy Treatment \$10
For skin tonus & attenuation of puffiness, dark circles and dry wrinkling. Can be added to any facials.

MAKE-UP

Make-up ½ hr sitting \$40
We apply make-up for any occasion: formal, weddings, & school formals.

BODY TREATMENTS

~ Massage ~

Full Body Swedish Massage or Lymphatic Drainage
1hr \$52
½ hr \$30

Relieve stress and help drain toxins and negative energy from your life by treating yourself or a friend to a massage. Lymphatic Drainage is excellent for treating Sinuses and any fluid retention.

Full Body Hot Stone Massage 1hr \$75
1.5hr \$95

Indulge yourself with a hot stone massage, this deeper tissue massage uses heated Hawaiian stones, soothe tired aching muscles, melt your tensions away.

Indian Head Massage ½ hr \$30
Suffer from headache and sore neck? Worry about hair growth? Come to be pampered by this ancient traditional treatment.

Reflexology ½ hr \$30
Let us work on these pressure points, it's more than self-indulgence, it's self-preservation.

~ Spot Treatments ~

Back Treatment ½ hr \$30
Deeply cleanse and nourish those hard to reach areas. Mask will be deep cleanse and hydrating your skin after a back scrub, nourished with body hydrating mask. Great to receive after back waxing to prevent any breakouts.

Body Electro-therapy ½ hr \$35
(course of 6 treatments \$180)

The therapist will design a course of treatments for you using variety of body electrical equipments for the purpose of: anti-cellulite; deep tissuesmassage; swelling reduction; figure correction or muscle toning. The ideal ways to help the body get rid of wastes and toxins and aid in muscle tone and fat loss.

SPA TREATMENTS

Body Exfoliation – stress free salt glow \$40
An experience that will leave your body refreshed, a combination of mineral salts, aroma oils are gently massaged over your entire body to remove dead cells and stimulate circulation. It finishes with a hydrating body moisturize leaving your skin with a healthy glow.

Hydro-recovery Wrap \$80
Start with a gentle full body exfoliation, the body is then wrapped comfortably in a rich seaweed or mineral based mud that contains a unique blend of ginger and white tea extract to stimulation circulation help with detoxification, sooth those dry, sensitive, or irritated skin, the experience is completed with a hydration body lotion applied to entire body. Excellent for prevent the irritation from Eczema, Psoriasis or Dermatitis.

Cleopatra Bath \$40
Experience total relaxation In our milk and aromatic bath, can be added to any other treatments.

TANNING (UV free spray tanning)

Full body Spray Tanning \$30
Exfoliation and Spray Tanning \$60
The body will be buffed free of any dry dead skin cells prior to the spray tan application to ensure a perfectly even tan.

ELECTROLYSIS

Permanent hair removal \$3 per minute

EAR PIERCING

Piercing (include Studs) \$25
Ear care lotion available \$12

NAIL ENHANCEMENTS

Gel nails -Full set or infills \$40
Acrylic full set \$55
Acrylic infills \$35
Repairs (per nail) \$5